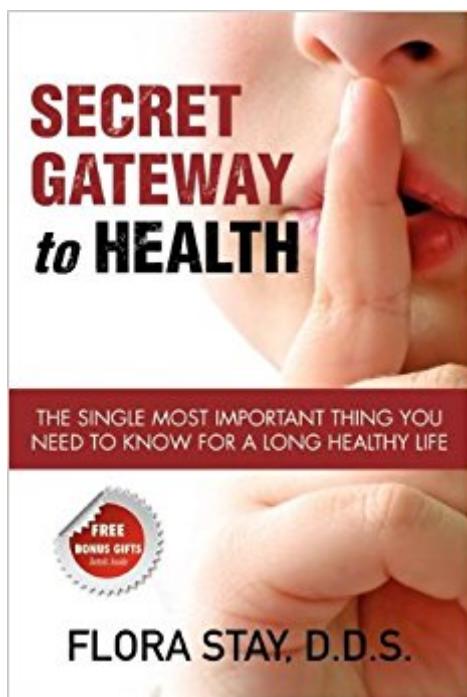


The book was found

Secret Gateway To Health: The Single Most Important Thing You Need To Know For A Long Healthy Life



Synopsis

Your Mouth Has a Lot to Say, Even if You're Not Talking. The mouth is one of the organs in the body that is the least understood by the general public, yet one of the most important. It effects our heart, our immune system, chronic illness such as diabetes, and makes an important impact on our self confidence. Dentist Flora Stay, felt it was time to help everyone, especially baby-boomers who are concerned about their health, to get a better understanding of the mouth connection to overall health. Having an integrative health approach, ""Secret Gateway to Health"" covers conventional treatment, alternative approaches and how to partner with your dentist to bring about health of your mouth. Dr. Stay, being an educator (professor at U.S.C. School of Dentistry), and a scientist, the book exposes fake treatments and debunks myths, yet recommends alternative treatments that do work. Even toothpaste is discussed and why many have a warning on the back.

Book Information

Paperback: 207 pages

Publisher: Morgan James Publishing (April 1, 2008)

Language: English

ISBN-10: 1600374115

ISBN-13: 978-1600374111

Product Dimensions: 6.1 x 0.6 x 8.9 inches

Shipping Weight: 10.4 ounces

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #3,512,642 in Books (See Top 100 in Books) #58 in Books > Medical Books > Dentistry > Craniomandibular & Temporomandibular #430 in Books > Medical Books > Dentistry > Dental Hygiene #483 in Books > Medical Books > Dentistry > Preventive

Customer Reviews

Periodontal (gum) disease has been implicated in increase risk of heart disease, stroke, problem pregnancy and other conditions. From prevention to treatment at any age, Secret Gateway to Health explores many of these connections and offers practical solutions and options for oral health. -- Kevin Irons, D.M.D. Periodontist, Dental Management Consultant ""Former Presiding Officer of Texas State Board of Dental Examiners""

FLORA STAY, DDS, holds a doctor of dental surgery degree from the University of California, San Francisco. She is the developer of Grace FibroSmile, a line of dental care products for those with

fibromyalgia. She has appeared in ""Prevention, Men's Health, Women's World, and the ""New York Times, and is the author of ""The Complete Book of Dental Remedies. She runs a private practice in Ventura, California, where she lives. R. PAUL ST. AMAND, MD, is coauthor of ""What Your Doctor May Not Tell You about Fibromyalgia.

As a family physician, we get very little, if any, training and information on oral health. We definitely don't get training on how oral health can affect the entire body. Dr. Flora Stay's book is an excellent resource for me in treating my patients. Now I take a closer look at my patients oral health and I realized that those patients with many health problems, also have poor dental hygiene and health. This book has given me the knowledge to inform my patients of proper dental treatment that will ultimately improve their overall health. I recommend this book to all of my patients. This is a great resource not only for physicians, but the general public as well. It is very easy to read and understand for everyone. We can all improve our overall health just by reading this book and making the changes that Dr. Stay recommends.

This book, written by a dentist, discusses an important, little known subject: the connection of the health of the mouth to the entire body. If the mouth is not properly maintained, it's difficult to maintain total health and well being. I know this to be true because I suffered from gum disease. Once I discovered (thanks to my dentist) that I had gum issues, other health problems cleared up as well. After reading this book, I was astonished at the many health problems that stem from improper dental care. This outstanding book is nothing to sneeze at. The author provides helpful anecdotes, useful information on products to purchase as well as excellent suggestions backed up by research. It's mostly written in a conversational manner, making it easy to read and understand. It offers a wealth of information. I greatly appreciate books written by professionals who encourage patients to explore alternative, less invasive means of treatment. This is just such a book.

[Download to continue reading...](#)

Secret Gateway to Health: The Single Most Important Thing You Need to Know for a Long Healthy Life 500 of the Most Important Health Tips You'll Ever Need: An AÃ¢â€œZ of alternative health hints to help over 250 conditions Everything You Need to Know When Someone You Know Has Been Killed (Need to Know Library) The Most Important Thing You'll Ever Study: A Survey of the Bible The Most Important Thing You'll Ever Study (Set): A Survey of the Bible Northwest Top 10 Garden Guide: The 10 Best Roses, 10 Best Trees--the 10 Best of Everything You Need - The Plants Most Likely to Thrive in Your Garden ... Most Important Tasks in the Garden Each Month

Midwest Top 10 Garden Guide: The 10 Best Roses, 10 Best Trees--the 10 Best of Everything You Need - The Plants Most Likely to Thrive in Your Garden - ... Most Important Tasks in the Garden Each Month New Complete Guide to Band Saws: Everything You Need to Know About the Most Important Saw in the Shop Healthy Smile, Healthy Body!: Your Mouth is the Gateway to Health. Gateway to Italian Songs and Arias: Low Voice, Comb Bound Book (Gateway Series) (Italian Edition) Gateway to French Melodies: Low Voice (Gateway Series) (French Edition) Gateway to Italian Songs and Arias: Low Voice, Book & 2 CDs (Gateway Series) (Italian Edition) Gateway to German Lieder - Low Voice: An Anthology of German Song and Interpretation (Gateway Series) Gateway to The Heavens: How geometric shapes, patterns and symbols form our reality (Gateway Series) You Don't Know What You Don't Know: Everything You Need to Know to Buy or Sell a Business The Seventh Most Important Thing The Most Important Thing Illuminated: Uncommon Sense for the Thoughtful Investor (Columbia Business School Publishing) The Most Important Thing: Uncommon Sense for The Thoughtful Investor The Most Important Thing Happening: A Novel in Stories Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)